# **Parent Newsletter** Division of Special Education



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#### **Upcoming Dates**

Veterans Day 11/11/21

Thanksgiving Break 11/22/21 – 11/26/21

Winter Recess 12/20/21 - 01/7/22

Second Semester Begins 01/11/22

#### **MESSAGE FROM THE DIVISION OF SPECIAL EDUCATION**

On August 16th we welcomed back our students to in-person instruction on school campuses. Although there have been some challenges, we are excited that students now have opportunities to learn on campus and interact with their peers. Our commitment to ensuring safe learning environments while maintaining compliance during constantly changing times remains our priority. As such, the Division of Special Education will resume sending out Service Delivery Parent Notification letters to students who receive less than 70% of their services as required by the IEP. The Fall Service Delivery Parent Notification letters will be mailed out November 2021. More information will be forthcoming.

#### **OCTOBER IS DYSLEXIA AWARNESS MONTH**

Dyslexia is a language-based disability that exists on a continuum and is characterized by difficulties in learning how to read fluently. Students with Dyslexia can also experience difficulties with oral language, spelling, and writing skills.

Dyslexia Parent Workshop English Video // Spanish Video

Addressing the needs of struggling readers requires a wide range of supports at schools and at home. With appropriate identification, tailored instruction, dedication, and support from family, teachers, and community members, individuals with Dyslexia can improve their reading skills and succeed in school and life.

Visit our website for additional parent resources on dyslexia. <u>https://achieve.lausd.net/Page/14872</u>



#### Community Advisory Committee (CAC) Dyslexia Parent Training Date: October 20, 2021 Time: 10:00 a.m. – 12:00 p.m. Zoom Meeting: https://bit.ly/Dyslexia zoom Meeting Link

#### Contact Information

Special Education School & Family Support Services 213-241-6701

LAUSD General Hotline (213) 431-4300

LAUSD School Mental Health Hotline (213) 241-3840

#### Websites

Division of Special Education Website https://achieve.lausd.net/sped

Office of Parent & Community Services PCS https://achieve.lausd.net/pcss

## PARENT TRAINING Positive Behavior Support

Are you looking for ways to support your child's behavior? Visit Autism Distance Education Parent Training (ADEPT) created by UC Davis's Center for Excellence in Developmental Disabilities. ADEPT is an original MIND Institute/CEDD 10-lesson interactive, self-paced, online learning module designed for parents. The modules are available in English, Chinese, Korean and Spanish.

The module provides tools and training to teach their child more effectively with autism and/or other related neurodevelopmental disorders functional skills using Applied Behavior Analysis (ABA) techniques

For more information visit the ADEPT Autism Distance Education Parent Training webpage.

https://health.ucdavis.edu/mindinstitute/centers/cedd/adept.html

ADEPT Autism Distance Education Parent Training



#### Local District Special Education Offices

**LD Central** (213) 241-1378

**LD East** (323) 224-3300

LD Northeast (818) 686-4400

# LD Northwest (818) 654-5001

**LD South** (310) 354-3431

**LD West** (310) 235-3700

# (Click on the image to watch the video) Why Inclusion Matters!

ADVICE FROM THOSE WE SERVE: Why Inclusion Matters

We are excited to share a short video titled, Advice From Those We Serve: Why Inclusion Matters, which is the result of our partnership with the CDE (California Department of Education), Cal-Tash (a non-profit dedicated to human rights and inclusion for people with significant disabilities), and SIP (Supporting Inclusive Practices Project). Please enjoy this inspirational message and share about the critical importance of our work with other families.

### PARENTAL BURNOUT

Six Ways to Deal with Parental Burnout!

A year and a half into the pandemic, exhausted parents need healing. This struggle to cope is often referred to as "burnout," which the World Health Organization describes as "a vital state of exhaustion." In the article, Six Ways to Deal with Parental Burn Out, a mother explains how parents can move beyond burnout. Here you will find six suggestions for building resilience, which can help you, as an individual, bounce back stronger! Try it!



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# Parent Webinar: Pathways to Lifelong Success!

Hosted by LAUSD Adult Transition Programs, this webinar will provide information about programs offered at LAUSD Career and Transition Centers, including pathways to success for students ages 18-22 identified by their IEPs as using a modified core/alternate curriculum.

Please join us for this informational webinar.
<u>Date:</u> Wednesday, October 20, 2021
<u>Time:</u> 5:00 p.m.
Registration is required.
https://lausd.zoom.us/webinar/register/WN jlGs7kUgQcmkjAzcEB2fDQ



# DISTRICT OFFICE OF TRANSITION SERVICES



The District Office of Transition Services has resumed implementation of Work Based Learning programs for eligible students with disabilities ages 16 and older. These programs give students the opportunity to define career goals through assessment, instruction, and work experience opportunities. For further information, please visit our website at https://achieve.lausd.net/spedDOTS or connect with the Transition teacher at your student's high school.

# CHILD FIND

The Los Angeles Unified School District seeks to identify, locate, and evaluate children suspected of having a disability who may be eligible for special education services designed to meet their educational needs at no cost to families. This includes highly mobile children, migrant children, children experiencing homelessness, children who are wards of the state and children attending private schools located within LAUSD boundaries regardless of where they reside. All other children must live in the LAUSD attendance area. Visit <u>https://achieve.lausd.net/spedChildFind</u> for more information.



The Parent Portal is a one-stop online system that connects parents and guardians to their student's essential data. Parents of students with disabilities may access the following:

- o Complete IEP
- o Enrollment for Extended School Year
- o Service Delivery Reports

Learn more at <u>https://achieve.lausd.net/pcss</u>.

#### Career & Transition Centers



Do you know or have a student in 12th grade at the local high school between the ages of 18-22? We invite you to check out the Adult Transition Programs offered at the Career and Transition Centers (CTC). Career and Transition Centers (CTC) provide the next step after High School for students ages 18-22 who are participating in the Alternate Curriculum and on track to earning a Certificate of Completion.

For more information, visit the Division of Special Education Alternate Curriculum website at https://achieve.lausd.net/Page/17048.